

# Stay at one of our 3 beautiful ZBC student hostels

Join us. It is possible to change the world - zbc.dk



Combine your education with an enjoyable stay at one of our student hostels, with good friends in a good environment, and plenty of fun activities and events.

You can stay at one of our 3 beautiful student hostels in Roskilde, Ringsted or Slagelse.

#### Activities

Fitness rooms (can be used after introduction by the hostel staff), boxing punch bags, table tennis, billiards, football field, basketball, air hockey, darts, board games, badminton, IT rooms, recreation rooms, café, sofa areas with large Flat-screen TVs, DVD players, Wii, PlayStation 2, 3 and 4, wireless internet, and more. Several activities are instructor-led.

You can help plan activities and events, run our cosy café and give it your own personal touch, participate in fun activities, e.g. Pilates, Cross dancing, spinning, bowling, cinema evenings, Tivoli trip, shooting, rappelling, Esports, beach trips, and more.

There is an activity and event calendar in each student hostel, to keep you posted on all the opportunities.



We expect you and your friends to actively take part in shared duties, show tolerance and consideration for others, be responsible, and help make the stay a good experience for everyone.

# WiFi

ZBC has free WiFi for all students.

# Staff

The student hostel is staffed by personnel who handle education-

al, practical and administrative matters. Feel free to approach our assistants for advice and guidance, or when you just need to have a chat.

Staff members arrange student meetings, perform room inspections, organise activities, and more.

#### Information meeting

Don't forget to join the meeting

and get more information about activities, joint planning, fitness, etc. This meeting will be held in the Food Hall at 6 pm on the first Tuesday after after your school program starts.

#### Illness

If you are ill, contact your teacher (day time) or hostel staff (night time). If necessary, or desired, a doctor can be contacted or asked to make a home visit.



Make sure to bring your Blue EU-insurance card for the doctor's visit.

# **Electronic key**

You will receive an electronic key device that works for your room and the night entrance door. You can also get a key for your locker, for a small deposit.

# Laundry

There are washing machines and tumble dryers you can use for a small fee. You can borrow irons and ironing boards from the student hostel reception.

# **Student hostel reception**

If you need additional help or information in connection with your stay, feel free to speak to the friendly staff at the student hostel.

The student hostel is open for check-in on Sundays from 7 pm to 11 pm and Mondays from 3 pm to 11 pm. Bed linen and towels provided in the rooms are changed every 14 days.

# Cleaning

You must clean your own room at least once a week. The bathrooms are cleaned by the staff once a week.



Towels and bed linen will be changed every 14. day.

Extra change of towels and bed linen is possible. Please ask the hostel staff for price.

# Dining

Students eat at the school Food Hall, which offers breakfast, lunch, and dinner. The evening meal consists of a buffet, with a selection of hot dishes.

# Mealtimes

Breakfast 7 am to 8:45 am , lunch 11:15 am to 1 pm, dinner 5 pm to 5:45 pm.

Black coffee, white coffee and tea are free between 7 am and 3:30 pm. Chai tea and special coffees such as lattes, espressos, etc. must be purchased.

# House rules

Quiet hours are from 11 pm to 6:45 am. Noisy behaviour of any kind is not permitted.

House rules for the student hostel deal with safety and well-being, behaviour and sanctions. You are expected to read the house rules thoroughly. If you haven't already received the house rules, ask for them at the student hostel. Please read the house rules before



arrivel. You must sign a receipt acknowledging that you have read the house rules when you register.

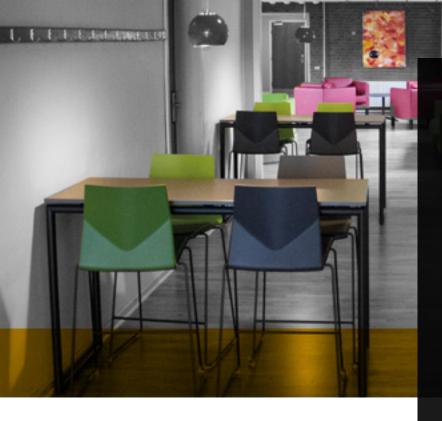
Be aware that you will be sharing a room with another student of the same sex.

Each room has a good box spring mattress, a chair, desk and closet. Rooms have their own bathrooms and toilets. You must keep your own room clean and tidy. Vacuum cleaners, brooms, etc. are located in a hallway closet. To make things easier for you, we will clean the bathrooms once a week. Room inspections are performed to ensure that all rooms are being cleaned. If student hostel staff find that a room has not been adequately cleaned, the student may be charged extra for cleaning.

Smoking, snus, e-cigarettes, beer, wine spirits and narcotics are strict-

ly prohibited on ZBC premises. Damage to buildings and inventory caused by students or course participants will be repaired and charged to those responsible for the damage.

Damages found in the room upon arrival must be reported to reception no later than the day after checkin.



**Student hostel manager** Helle Lyndrup, hlyn@zbc.dk

Emergency services: 112 Fire: 112 Police: 112 and 114

# Locked out - security company

Roskilde +45 4632 6959 Ringsted +45 2424 4477 <u>Slage</u>lse +45 7026 3650

### Insurance

The school does not have insurance to cover you or your personal belongings. We therefore encourage you to take out leisure and accident insurance before moving to the student hostel.

#### Check-out

Before checking out, the room must be tidy and in good condition. You must check out before 8 am on the last day weekday. Departures during weekends are only possible upon speciel agreement.

# ZBC student hostels are located in the following areas:

Roskilde Maglegårdsvej 8, DK-4000 Roskilde

#### Ringsted

Ahorn Allé 3-5, DK-4100 Ringsted

# Slagelse

Valbyvej 69 C, DK-4200 Slagelse



Join us. It is possible to change the world **ZBC** Selandia Park 6-8 DK-4100 Ringsted Tlf.: +45 5578 8888